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Part 1

(:08) K- Thank you. Thank you very much. Good morning, good day to you as usual, wherever and whenever you listen to this series of Knowledge Seekers Program from Keshe Foundation Spaceship Institute. As usual we welcome you back and as usual we try to share some more knowledge as Rick mentioned. We're a couple of minutes late as President Trump has asked for any advice and was a piece of advice given and we're busy with that one and sorry about the delay a few minutes. As you know we are working hard in all directions with different governments, with different structures, trying to bring technology in exchange for peace. As some of you must have read the article which has been published past few minutes, I have again emphasized to the American President, we know they read and we know they are, especially the Iranian and the Chinese and the Americans are online today, that it's no use talking about peace, trying to saying by the 20th of January, they come, they want to see the end of all wars and whoever starts the wars and the rest of it. But we saw what happened to his mistakes with his first term where he says he stopped all the wars and there were no wars, but he didn't stop production of arms.

(:10) And when he left the office there were a stockpile of arms and we saw what happened, arms sold to Ukraine, found their way into Gaza and then started a war and the same arms, 150, 180 billions of it was

used in Ukraine, estimated 2.5 million up to now dead, injured and what you call it, vanished in that war. And then we see again, selling off the arms by Biden's government on the same basis, so my advice was, and it's as if you read it, is instead of talking about stopping the war, find a job where your scientists that don't make any more tools of wars and the only way is a new technology, then to replace, to use all these brains for and everything else. So, it's not a matter of just bringing technologies, bring it, or creating condition to create peace and this is what is important. And all adds up together, how we see each other and how we, it's the perception of Man as what you call, as a creature in the Universe (U) that he likes to kill, to destroy, to confirm. We do it on the national side, we do it as a cities, and we do it as families, and we do it in public. In a way, fighting and destruction has become a habit of Man and then we find a reason to do it.

(:12) And this is all, that's what we said, it needs to be changed in the DNA of the Man. That the conflict and superiority and all that, which feeds conflict and wars can come to a halt. Maybe the situation with Trump is a new beginning, but as we've seen, none of the world leaders do and act as what they say. Chinese claim it to be wanting superiority to create a peace, but in fact, we see the opposite, the armies are, what you call it, armed to the tooth and the latest weapon technology is just to show we are more powerful. The games has gone bigger and if this gets to Space, then it creates

more mayhem. So we have to change the philosophy of Man's peace on this planet, then we can go to Space. And 2025 is a point for its start. Going back to the teaching, we are opening a door in technology and science that has to parallel in every shape or form to the science of Space. We have to find technologies, we have to understand the technology on the same basis, on the same parallel level, that we start getting used to it on this planet, before we become passengers of Space. And there are a number of things we have to cover. Communication, food, energy, transfer of energy, transportation, looking after the environment,

(:14) and how we learn to consider others more important than us in every aspects, be as it the human, be it as the Space we live in, be it the animals and the creatures of the, this planet or outside. We have to find a common ground and find how we can reach this level of understanding. Providing technologies does not, and it's not the answer to a peaceful Man. Maybe in some cases, makes Man more aggressive and more demanding and more warmongering. So, we have to change the DNA of the Man, we have to show Man a new way, a new direction, a new sense of what we call, belonging, to be part of. Detachment from physicality in the dimension (D) and the direction of what we call, new technology (T), science of understanding ourselves, how we walk to go to a place, or how we can go to the place and then manifest ourselves without walking.

This is the option of new technology. This is what we talked about last time. This is how we need to learn to switch. To switch from the matter state to the energy state and back to ?? energy state, or back to another dimension in a new stage, or back to a physicality in new dimension. In a way, we know how to do this. In a way, we have deliberately denied ourselves this.

(:16) What does this mean? We know how to switch from physical into energy, but we have put a curtain on. We all do, we say, "I go to sleep, I need to rest." That process is, in a way, we do half-switch. We stop the physical condition of walking, eating, whatever we do, to stay stationary and let the system work internally. Which means the energy go into operation. And in that operation, we have switched on, out of fear, out of confirmation that we still are here, to half-system. Which means half of our brain is repairing half of the body and the other half stays alert, in case anything happens, and is on a full-blast operation. This is why, when you sleep, the smallest noise can wake you up. Anything can disturb you and you get up. Or, you go back to a transition of energy on both sides of physicality, balance, and you wake up. You go back to the dimension of physicality (P). What happen if we trust to allow itself, half of the brain, half of the body, to go into a sleep mode or energy mode, that the whole structure goes into energy mode? Then, transmutation is possible. Because physicality has and is given the dimension of access to Universal energy,

(:18) to where it wants to go, to how it wants to go. And then, we decide. In a way, in the sessions coming up in February, March and April, we try to get you through this transition. To be able to allow both sides of your brain to go into transmutation. It means to go to use energy. And then you decide to get your physicality moving. The technology is advanced enough, that we can promote this part of technology. Which means, allowing you to go on a full transmutation, directly by yourself. Then you decide, if you want to take the physicality with you. Or, you stay in control as a whole and not half alert. Many of you have experienced this full transition. But, you have a problem in trusting to let go of the dimension of physicality. For this reason, we are extending the teaching, as I said before, into one track, one line, one field energy, as we spoke last week. What does this mean? You don't need to cover the whole spectrum of the energy, to go into transmutation. You choose a specific path, a specific energy. You choose, I go to sleep. You choose a bed, and you always go to that bed. And in that position, you go to sleep. You accepted half transmission or transmutation. Now, we want to create an environment, that you go into this environment,

(:20) and you can go through full transmutation. Which means, you go through full energy cycle. Which means, a specific. The bed is a specific place we go to, go to sleep, on a matter state. We choose a specific energy field, that allows us to trust ourselves,

to work with this, what we call, the central energy part. We go to a specific place to sleep. Now, we choose a specific line of energy, to transmute. It's like, you always go to certain airport, to take off. You go to certain energy level, in your dimension of energy, that you know, it gives you access to transmute, or to transfer. This is an art. And, by the first session in February, we will show you how, we support you how. And, we put you on that level, that you can choose. Either way, you say, count the number of sheep till you go to sleep. Now, you choose a bandwidth, you choose an energy level, which we support you with, from outside, and through system headphones, to go to that point. Then, you learn, this is the place I go to sleep. This is the energy level, I need to transmute, or need to go into the energy level, even having the physical body with me. This is part of the teaching of last week, which now, we try to bring it in the dimension of physicality. Dimension that you can actually add to. You need to be trained. You, when you were a child, mom told you, 8 o'clock is a sleep time. (:22) And then, when you grow up, you made it 12 o'clock to be the sleep time. Because, you moved the time, by your choice. And, you changed the position, where you want to sleep. Now, we do the same. But, you go through the position of allowing your energy level, to take full control of your, what we call, dimension of operation. And, not keeping one half awake, which is the reason, why Man is attached to physicality, and everything else goes with it. Because,

once you go into the level of the energy level, you can feed the physicality. You don't wake up hungry. You don't see a demand, to feed with physicality. And then, everything changes. The same comes with energy. It comes with everything else. It's very easy to do that. To be able to access the energy, because we think of food. What about our transmutation? What about, what you had experienced in the last sessions? That, you can go to where you want. But, energy for that, is different than the energy, that the Man needs in the physicality. This is why, you come out of the system, and you still feel hungry, or you want to eat something, and lose interest in eating. Because, the line of the energy conversion, from Carbon 14, or energy of the, what we call, Universe, to Man, is not completed. You have created that filter, knowingly. Because, unknowingly, you are still using 80% of it. And, that is where the game starts. And, with the new communication system, we are bringing out,

(:24) and many of you, you are hopefully working with it, is that, you decide, how to, and where to, at which level to go to, to transmute, to transfer energy. And, this is part of the knowledge, which we need to understand. This is part of the knowledge, that we need to feel to understand. This is a part of knowledge, that we need to adjust to understand. It's not that, I go in the machine, and from tomorrow, I transmute, I don't eat. You have to adjust the body physicality, to fall within, the structure of the Creation. You cannot just go, I don't eat anything from

tomorrow, and I just use Gans's, or whatever. You have to adjust the brain, you have to adjust the internal energy of the Soul, to be able to tap into Gans's, which you provided. Not just by them being there. You don't have a digestion system for it, or you don't have the connection system to it. You have not made the connection for it, to be. In the last year, in the last week pictures of the screen, we saw all the fruits, but there were Gans's on the, what we call, the tubes, on the cylinders. We have to be able to tune into them, to what I need. But, does everything need to have a taste, to have the smell, to know that you received the energy of it? The apple gives you all the energies,

(:26) on the whatever name of vitamin, whatever, minerals, whatever, to you. But, do you need to taste the apple? Do you need to have the feeling of the apple? Or, you adjust the body, that it takes from the tube, where apple is in it, the energies which is needed by your body, to transmute. You got to understand, as I explained last time, when you receive these food systems, you got to realize, it's an intermediary. It's not that, let's say, it's got garlic in it, or it's got apple in it. You take from it, what you need, by holding it. But, it itself, through its structure, takes energy from the Universe, from the Space. Which means, we never finish. Before, if you made Gans's, if you look, singular Gans's, you saw it, a reduction in the jar, the amount of the Gans's deplete most of the time. Because, they share energy, they change color.

In the composition of food Gans's, you don't see that. What does this mean? (We have lost the screen, Rick). What this means, is that, the system, due to combination of materials in it, taps into many energy fields. This means, that it never ends. When you're singular, it's very hard to tune to. When you are multiple, you can attract from different direction and dimensions. So, in the coming time, as we introduce the new systems,

(:28) especially the one which holding in your hand, the two systems, a new technology, a new knowledge will be shared. That you can understand it, you can feel it. When you have these Gans's in your hand, and you want to take the energy from them, it won't happen. Because, these are energy levels, which have to connect to your body, to the Soul, to the source, which knows where is needed. And this are the new technologies, in a way, exchanging food. I wonder in next few years, as this technology develops in a way, you go to the supermarket, now you buy apple, oranges, you go to a supermarket, very small, and different type of Gans's on the window. I need to have this, I need to have that. This is what I want to learn to tune into. We replace rows and rows of food, maybe with a small cabinet, with everything you need in it. Would you walk beyond the cabinet, to look for a meat, a piece of flesh, maybe a tomato, when you know, I don't need to touch, the energy which I get from it, is in this, what I can take from the cabinet. This is part of the structure, this is part of the process

of the teaching. In converting, in showing you how to convert energy, Universal energies and Carbon 14 (C14) to Carbon 13 and Carbon 12. If you need to leave dimension of physicality, you can only tap into Carbon 13, to bring it down, to convert and use it in the dimension of the Soul.

(:30) Then, you do not need to kill, you do not need to use other. If you look at the structure of the body of the Man, you have sugar, which is Carbon and Hydrogen. Then you have again, water, which is a Hydrogen and Oxygen. And then, you have the combination of the earthly connections, which is your Nitrogen, conversion into storage. Where you come to use the energy side of your body, you don't need the Nitrogen. And this is where all the problems starts. Connection to that Nitrogen, connection to the COHN, which is the Amino Acid (AA). Once Man learns to work between the Hydrogen and a Carbon, and combination of it, Man becomes Man of Space. The problem with Man, with greed, with hunger, with power, all is connected to that Nitrogen. In a way, when you go into the dimension of the energy, you do not need the dimension of the Nitrogen. And there is an emphasis on every breath we take, that we are connected to this planet. Because 60% of the air we breathe is Nitrogen. In a way, Man should learn to use his environment, to create energy for that environment.

(:32) Would we stop breathing, once we go into transmutation? Doesn't mean that we do not need to

breathe. We bring the physicality in the fields of the Universal energy of the Soul of the Man (STM). And then, we become detached from the dimension of this planet, which is a conversion of Nitrogen. If you look at it, if you understand it, if you ever had time to think for one second, you would have realized, by breathing, we are taking in Amino Acid, 65% Nitrogen. There is a Carbon in the air, there is a Oxygen in the air, and there is a Hydrogen in the air. So, in a way, our lung is a Amino Acid, protein, absorber of energy, attached to this planet. We take that Amino Acid as a meat, as vegetable, but we breathe it every second, every breath we take, we take Amino Acid in. But, we never been given the line of thinking, because now we don't take the animal, we don't take from a body, but we take from the body of this planet, from atmosphere of this planet. Just look at the structure of the air you breathe, it's another protein, but in a gaseous dimension, which we never think. This is where our attachment to physicality comes, to this planet, indoctrinated with every breath we take. Once we go in the dimension of energy, we separate that line of Nitrogen, and then we learn to become Man of Space, (:34) because we rely on a Hydrogen and a Carbon. When we talk about dimension of energy, when we talk about dimension of the physicality, the only difference is to take energy from the dimension of the Space, and then let the body of the Man to convert it, if he needs it in the dimension of physicality, at a point time and place. Because, when you go to planet Zeus,

there is no Nitrogen. How do you manifest yourself? But, there is element of the storage in that Space, it could be from Gold to Mercury to God knows what, even Helium, depending on the combination, but in fact, the Carbon and Hydrogen will never change. One is connection to dimension of place, position, one is connected in another strength to the Creator, one is connected to our own creation connection. So, wherever we see life in the Universe, it has to have a combination of a Hydrogen, which what we call the base, and the connection, what we call the Carbon, line of communication to feed the base, to communicate with the base. And then in between, you need the storage of the Space, manifestation of physicality and the Gravity. Gravity comes from the Oxygen on the Earth, and manifestation of storage comes from Nitrogen. In a way, we want to be detached from this planet, but we cannot, because every breath we take, we're taking Amino Acid in. 60% Nitrogen,

(:36) 15-16% Oxygen, then you have percentage of the Carbon, and then you have a percentage of what we call the Hydrogen. So, we are a continuous protein eaters, breathers, and we never think of it. But, when we sleep, we switch half. We still breathe, our rhythm changes, because only half of the body needs to be fed with the energy, the protein of the air of this planet. Air is not just what we breathe, it's the energy we take in, and how we convert it. And then you understand, when years ago, when I explained we

had a Indian guru with us in Desenzano, I told him, "You cheat, because you change the condition of the lung, you change the protein, so body takes it in." We have to learn, in Space we don't have the lungs to breathe, we don't have access all the time to what we call, gasified protein. But, we have access to the energies of the body of the Universe, to the line of Hydrogen with the essence of Creation, and what we call, the Fundamental Line of energy, and the Carbon, which is the connection to what we call, the environment of, which is created out of its own, by Carbon 60 and the rest of it, which gives it dimension. When you understand this, then you understand when I speak about the new technology, new system, which is already under production and testing in the laboratories of the Keshe Foundation, where one system will give you the water,

(:38) the same system gives you the air, the same system gives you the energy, the same system gives you the flight, the same system gives you everything you need. But, according to the time, place and position (TPP). And the process of the teaching, as I said, is to find singular line of energy. As I said last time, you find there is a line between your Soul and the planet Moon, on a specific position. In a way, every single one of us has a GPS made by the Universal

Magnetic (M) fields. In the physical dimension, you do it, but you do it in a very subtle way, and you've done it so much that you don't think about it, but in fact it's

the same thing. Supermarket is down the road, I wake up, I have to walk to the supermarket, to the get to the point where my emotion, my feeling, told me, I need to buy a bottle of milk. I walk the physicality to the supermarket, to the shelf, to the bottle, and I walk it back. Now, we have to learn the same thing, not to learn in a way, to retrain ourselves. That, I think I want milk, I don't need to get the physicality moving all the way to the shelf, to the thing. I, through breathing, create the protein which is in that milk bottle, where I send the physicality to fetch it for me to feed myself, to up, keep the operation of the body going, through the same way.

(:40) You don't need to go to the supermarket to get the milk, to get the energies of what you need. Why do you think, "Oh, I feel I need milk"? Why do you think, "Oh, I feel like banana"? Why do you think you get up and have a drink, or have a glass of water? Because, your brain has set you, this is what the physicality needs, you do the walking. But the Soul and the emotion have already decided where you're walking, to the fridge, to get it. This way, you decide, "I don't send the physicality, I do it through the central energy field force, which I call it a sleep." The whole problem with the world of science today is, that this has not been defined for us, and we have blindly accepted it. I call it, 'Trump factor'. It's very easy, when you are ignorant, when you don't understand it, it works for you, and you think the guy is right. What we call, 'tariffing'. He talks about tariff. You, we tariff

China, and then they don't import. You pay the taxes. You pay the penalty, not the Chinese. It's the same, you pay the penalty, not your physicality. You have to learn to use the system. What you ignored, but what you know. Just stand still and think, "How come I can live, I can breathe, I can feed energy to myself, when I'm asleep?" When you're asleep, when you're lying in a position, your physicality has no physical motion in a way,

(:42) but you're still breathing, you're still taking protein in. It's not just the air you breathe, it's the food you breathe, and you never been told, you never understood. Every ?? gas of air we take in, we take in protein, food, and how we convert it. But our scientists never understood, our people never understood, and they say, "It's Oxygen." How can it be the Oxygen, when 60% is Nitrogen, what you absorb? What you take in? And they have brainwashed us into, "We're taking Oxygen and we're giving the CO2 back." What happened to the Nitrogen, which is the most of it? What energy level of that Nitrogen was there to feed, to elevate, and for you to receive energy in your Soul, that it allows you at a diluted level, because gas is nearest to the plasma, and your brain takes it straight away when you breathe air, to go into, what you call, your dream, or what we call, your Soul transferring, your Soul traveling. And then you understand, why we are attached so much to breathing, why are we attached to the air of this planet. In Space there is no air to breathe, then Man becomes detached. And part

of the process of the, what we call, the next sessions of the February, March and April, is to bring that, to detach from the Nitrogen.

(:44) In a way, singularity to destination. Because, as long as you have the attachment to the, what we call, gasified protein, you'll never go, because it's easy source. But then, you have to identify the position. You have to identify the place. If our Knowledge Seekers (KS), who came to Linz and went through the system, we had people who decided to meet each other in certain cities, certain places, never been there before, or they could meet, and they did. So, we can decide, the GPS, we can decide, but we have to detach from the protein side of the physicality of the body of the Man on this planet. It'll be interesting, in the sessions to come, when we ask you to take the measurements of your blood, your Oxygen level, your, what we call, the sugar level. To see, during the sessions, how your body changes. How much you are going towards the sugar side, energy side, Universal connection, or you're going more towards the, what we call, the Nitrogen side and the protein side. And then we understand how much we are attached to this planet. And what we need to do to become, to be able to transmute. Then, we choose what strength to transmute to. How frequently can you go back and do the same? In some of the tests in Linz, we tried this, we knew people coming out of the machine, we send them back in the machine, they could go back to the same place,

(:46) collecting stones and seeing things, and telling us what they've seen. So, you can tune to, this is the office I go to, this is the supermarket I go to, this is the place on the Moon, on Mars, or another position in the Universe. One of the most interesting, for many of you, when you start transmuting, is the fact that, I've never been to planet Zeus. But, where do I go to? It's a new city, I don't know. It's like you land in the airport. Then, you rely on the Universal knowledge, you only rely on the Universal positioning. Then, you rely on the knowledge of your Soul, and the dimension and connection to that point. This is all to come. This is why, in the sessions, we told you, "Go to the Moon." "Can you go to that, such and such a place?" And this will be taught in much deeper way, will be tested in much deeper way, in the next quarter sessions. We are preparing you to go to fly. We are preparing the whole structure, due to technological development, to move to the next phase, next time. All we need to do, to specify a position. And then, it's you who decides, "I take the energy system with me," which is my Soul, we call it, to that point. And then, I create a memory of the time and the place, for the physical side to understand and to remember. The technological development comes from understanding the technology of the Creation, not by machine which made by Man.

(:48) We carry it within us. There is no mechanical system, but your body continuously does everything, according to field motion, or what we call, Magnetic

field, within your body. Sometimes it shows itself in a physical movement, but in fact, it's even that physical movement, even your heartbeat, the motion of your heart, the beat of your heart, is totally to do with the Magnetic field energy, and how much energy is stored, and what needs to be released. And, what does it create, in that motion and release. Then, you'll see, if you understand it, your body is a Universe. You want to learn about the galaxies, you want to learn about the Creator, look within, energy side, not the physical side. God does not have arms and legs, and he doesn't have a digestion system. You don't see digestion system in a plasma of the STM, but you see this distributing system, which allows certain energies to be the provider, attractor of given strength. And this is the whole course of the teaching of coming up. In 2025, you should be able to transmute. In 2025, you should be able to decide where to go, and as I said, "You arrived there, so what? What's next?" "I arrived on planet Zeus, what's the language here? How do people interact?" "What's the culture? What's the scenery?" "Can I create myself a dimension of the vision, without eyes, to feel the place, to be part of the place?" It all needs learning.

(:50) The way many of you, in the past few months, have learned more and more, not to eat. Certain things you don't need, but you feel the energy. Now you're gaining confidence, and you're ready for that next level to go and to do. Then, you have the next step to understand, to accept. Do I stay on the line of

physicality, or I go to the dimension of energy? Or, I tap into the energy of this planet, through the gaseous plasma of the, what we call, the planet? But, I travel in the dimension of energy. In a way, I leave something behind. This is one of the reasons, when we die, we stop breathing. We stop attachment to the gaseous Amino Acid of this planet. Because now the energy source can tap into the energy of the Universe. With the knowledge Man gains, you don't need to die physically to be able to do. Maybe, if you understand in the future, you use that Universal energy to purify the air you breathe. In a way, with it, change the emotion, because that creates the Soul of Physicality (STP), which touches your physicality, and you can repair the physicality. Maybe, today, we, as I said, open another door, into the knowledge of understanding yourself. As long as you're connected to the, what we call, plasma, gaseous Amino Acid of this planet, you can never leave. You can never transmute. Unless you trust that, "I have access to Universal energy,

(:52) which can feed my dimension of physicality, as I need, at the place, time of manifestation." On this planet, you have "Mr. COHN" as part of your Amino Acid. On planet Zeus, sorry, there is no Nitrogen level. So, your dimension of physicality will not be the same. And then, you have to learn to convert. As I said before, there is a fallacy that the Man will travel with a space suit, with a little cloth, and can keep everything inside. Let the Man really try, and see if it works that

way. If he wants to be the Passenger of the Universe, and travel the depth of the Universe. There is something very simple. When you go up a few kilometers from the surface of this Earth, you become floating, weightlessness. Man has never tried to do this in Space, and see if he survives. That I don't need the connection to the Amino Acid of the planet, which, what we call, the Oxygen which we create. It is interesting, if the World of Science one day, decides to test the amount of Amino Acid, which comes out of your breath, in exhaling, compared to what you take as Amino Acid, for the inhaling. In a way, when we use a solid, what we call protein, as a flesh of the animal, or a fruit, or whatever,

(:54) in our excrement we see the same, protein is ejected. The World of Science, if measures the air we breathe as a protein, and try to see what protein comes out, then we see, we understand, what our Soul has used for its elevation. If Man understand this, then Man finds the path to letting the physicality go, and living by the dimension of the field energy of the Universe, than the gaseous condition of the Amino Acid of the Man on this planet. Try to understand the game played by the Hydrogen and the Carbon. You add 2 or 3 Hydrogen, you create the Nitrogen. You add couple of more Hydrogen in a different form, different strength, you create your Oxygen, which has become the essence of a physicality. You create your physicality from interaction of the Hydrogen and the Carbon, and this is how the Universe was created. But

Man creates his own Universe through his Amino Acid, which is his physicality. Now, understand how, and the way you can, in a way, choose a bed to leave the physicality, or choose a field-Strength that you can transmute through dimension of energy. It's interesting how Mankind will take this further,

(:56) and how you'll balance the energy fields of the Universe, with the energy of position, and location, and time. Once you learn that, you can travel, and you can live in both dimensions. But you have to understand first, once one's get, understands the other side, cannot be the abuser of the other. We go for a break, we come back, and try to answer any of your questions.

>> BREAK >> 572 KSW January 09, 2025

Part 2

(1:01). K- Thank you very much. Yes, it's... what we see on the, what you call, the screen is a very nice balance of what life is. How we learn to take from energies, without actually holding onto, and how we can absorb energies, both from the Universe,

(1:02) and from where we are. Because, in a way, if you look at it, the Earth is a converter of the Universal energy, to what then the Man can attach or take from. There is a very big question. In English we say, "Did the chicken come first, or the egg?" The biggest

question for Man is, "Did the life of the Man come first, which creates the condition of the atmosphere for it to exist in, or did the condition of the atmosphere created the Man?" If you are a Man of the Universe, you will answer this totally in a different way, as you were a Man and in a physical dimension. Because to you, will come that the chicken came first, and from it came the egg, or the Man. Or, did the condition of the life of the Man to be created, set the condition for the Earth atmosphere to be conditioned to, and then it manifested itself in? And this goes for every aspects of the Creation. Does the condition creates life, or life, knowing as a energy, going to be on this planet, chose, brought and creates the condition for it to manifest yourself, or itself, in this atmosphere? So, we have a lot to learn, and it comes to the point,

(1:04) "Do I build a house which suits me, or was the house built for me to live in, for me to suit myself into it?" And, if you are a physical Man, you say, "Yes, the condition of the atmosphere of the Earth created the Man." But if you are a Man of Universe, you answer it differently. Man allowed the condition to be created for his Soul to manifest itself in physicality of dimension of time, place and position on this planet. And he used every, what I call, 'element', for itself to manifest itself in the shape and form. Because if you think of it, we say, "Gorilla is 98% Man, Mouse is 99.5% the same structure as a Man." But, did we come all as a Soul, and we converted according to what we were taking from this planet? Did the Soul create the condition of

the physicality? Where, in the physical condition, we say, evolution. The condition came and life was created. But, we look for the life, physical dimension, but how long before that, more was a Soul, life of a Soul already existing on this planet, before the physicality manifested itself? A lot to learn. Any questions? Q: ...

(1:06) My question is, we breathe in Amino Acid, do we breathe in through our skin also? K- Of course we do. Of course. Of course we do. R: And we know that the oils on our skin are Amino Acids, they're created on that surface of the skin, so. K- We don't breathe, we transfer energy. If you change the world of breathing to transferring energy, you'll come to a lot of things. You come to a lot of new dimensions. Breathing not in the essence of material taking, but transferring energy without taking material. Yes we do, always do. We call it Aura, when we see it. Aura is a energy transfer structure of the body of physicality of the Man, and the body of the Man physically is in dimension of matter state, and that's in the energy state. And if you study the Aura of the Man in a sleep condition, and in a wake condition, it's totally different. (1:08) And it's got different, what we call, pattern of fields. In the sleep type, we absorb different energies than in the daytime, or in physical movement time. And this is one of the reasons Man in old age dies, or when you become bedridden, you die, or you become weaker and weaker, because you receive mono energetic. You're not moving to take so much from

mixture of the fields of this planet. This is why they tell you stay active, stay physical, that you continuously absorb energy, different energies, which feeds different strengths of the body of the Man, be it the Soul, be it the physicality. When you become idle, when you lock yourself in a room, when you have no interaction with the world outside, it's a different level of energy absorbed. This is why we see so much psychological problems with people who lock themselves up, or stay home with a pleasant time, a mobile phone, a television, and that's it. You do not get the energy, you just get the picture. Where outside, interacting, you bump into someone, you breathe somebody's air, which you just breathed, you're in the same lift, you're in the same environment. The energy is different, we take different energy aspects of it. And when you stay locked up, when you, we see the psychological pattern, even especially with the, we see this a lot with the war veterans.

(1:10) Psychological path. In the past few days, there's been a very horrible video on the internet, where two soldiers fight, it's just been, I don't know how it's been captured, how it's been recorded, where one soldier says to the other, "You have already opened me up, let me die with integrity." Another soldier gets up and walks away. It's in Ukraine, hand to hand fight. Why do we do this? They psychologically make the other country which was part of you, till 40 years ago, now enemy of you,

because it fits, it suits somebody. They create a condition of information and energy. So we breathe it in, and then that breathing, this is what they call, "You breathe hatred", because we take that energy, which is in that atmosphere, in that environment. You walk with shoes, and then you walk with socks, and then you walk barefoot. Do each one for a whole day, and record your emotion, record your wellness, record your, the way your blood circulation is, and then you understand how much man, by isolation of himself, it creates his own dimensions. You walk on a concrete floor,

(1:12) or you walk on a beach, or you walk on the ground, and then write your emotion. High rise flats, all concrete and steel, emotion dies, certain fields are not there. You take the same man, let him walk on the ground, not on the tarmac, not on the pavement, feel the Earth the way it is, in that position and place, and then measure the emotion, measure the field energy. There is a, what we call, scientific data, many of them available, that it shows people who walk barefoot on the ground, don't have many diseases, because the instant your body touches the Earth, the energy, the magnetic fields in mixture with the blood, will solve a lot of problems, which a man in a suit and a shirt and a socks and a shoes has. We inbreed energies, which then creates problems. Now we inbreed plastics, polyester and everything else, and then we used to wear wool and a cotton, which was natural process into natural environment, and we feel different, we

wear different, we become man of plastic, Carbon and Hydrogen, which is not connected to anything but itself. You wear wool clothing and you wear synthetic clothing, and then you see how you feel, be aware of it, and then you see.

(1:14) Natural fibers gives you different. People with natural fibers get different diseases, than the people in the cities, because we are used to the exhaust, C-H bound, we are used to plastic, we take everything out the plastic bags, our food is swept to us in plastic, warmed up in plastic, and that combination of energy creates different kind of information and emotion.

Consider how would you feel, when you connect only to the energy of Hydrogen and Carbon, but in dimension of your need in Space. Then you understand, yes. We are the skin and is the cause of our diseases, and what we put on it. We've created problems with a new structure, and our body has not gone through the evolution to use it, to be able to live with it, and in that evolutionary time, till it gets used to it, it appears as lumps, cancers, and all sorts of diseases. Any other question? Q: ... Okay, good morning Mr. Keshe. I feel like I'm diverging a little bit from the topic of this workshop,

(1:16) but I wanted to ask a question that I've had for a long time about Inertia. Would that be okay? K- Yeah. Q: This is, let's see, you've given us many helpful analogies to help us understand Inertia, and for me, key among those are your explanation of Inertia as a blueprint. Also key for me is how you

explain that the plasma is a spectrum of energies, and depending on which one interacts at its boundary with another energy of another plasma, creates a wave or Inertia. But the use of the term Inertia has always been confusing to me. In our use, in our language of the term, Inertia is defined as a property of matter by which it continues in its existing state of rest or uniform motion in a straight line, unless that state is changed by an external force. Does this explanation of Inertia relate to the understanding of Inertia in plasma science? And if so, how? K- In Plasma Science, Inertia we look at a different way, or the cause of manifestation. Where in the matter state, Inertia is from interaction of the already converted energy. Each environment has a conversion rate, has a conversion energy. Even the light has an Inertia, as much as Gold has an Inertia, or as Oxygen. Which means the interaction of the Universal field, (1:18) with the position and dimension of the fields of the energy plasma itself. What this means is, every conversion has external and internal. External being outside, internal being in the environment. We call Inertia in the world of chemistry, salt. In the world of plasma, we call it gravity. In the world of structure of conversion from the Universal energy to a local energy, we call it Inertia. We have chosen, as I always said, many words for the same thing. To be able to benefit that we can understand the knowledge. But in fact, they're all the same. You get a metal with non-metal, you call it a salt. You create the dynamism of

the salt, then you go to the next step of it. It's very interesting. If you listen to the world of medicine, they tell you, when you take too much sugar, you create cancer.

(1:20) When you are more alkaline, you don't get cancer. Which is totally opposite to the World of Creation. We create Inertia and gravity to confirm manifestation. We create a condition of giving energy to what we call, create the atmosphere, which is a separation. And the body of the man works totally the opposite. And world of science has not understood why. Why salinity, or alkaliness, increase of it to its given level doesn't allow manifestation or collection, what we call, cancer. But the, what we call, the acidic side, which is more connected to the sugar line energy side, creates cancer, or collection of cells. This is opposite to the World of Creation, to our understanding. And this is why many scientists or pharmaceutical use this trick, for not allowing you to cure yourself from creation of lumps.

(1:22) Because our understanding of the life is different, due to the ignorance. If you look at it, your stomach, they tell us, is acidic, it breaks up. But, you Knowledge Seekers have made the Gans's. You put caustic to convert the matter into energy. It doesn't add up. And then, in your intestine, you create a more salinity condition to transfer the energy across the wall, into your lymph's. World of science doesn't match, because the World of Creation, has what we call Inertia, balance field energy between the two

states, to confirm, to be, to be part of. When you have a Mass, you have the Inertia, you're connected to the central line of the Universe, not the localized. This is why the Mass is constant, but the Weight is different. Is the energy bag interaction, between the source, which is the central line of the Universal Magnetic fields, and not localized. The energy field of the Universe works on a Carbon 60, and not on Carbon 12.

(1:24) And Inertia is connected to the Universal line of energy, and not to the local. We create, on all levels, in balance with the central Universe. In one of the papers in the books I've written, that different atoms, or different mass, of atomic mass, or the size of Hydrogen and energy, with what we call a Hydrogen, which is a fundamental, what you call, neutron, it has, contains, different amount of Magnetic fields, in each and different Universes. But, then Man will learn the Universal Inertia. What does it mean? We are not become aware of, that on top of our Mass, there is a Universal Mass, which is what we accept. But, there's a Unicos Mass, which we have not become aware of. Which means, the Masses in that strength, are the same in all the Universes. Where the Mass in this Universe, is the same across this Universe. Due to Inertia, combination. As I said, the salt, the alkaliness, comes from a metal and a non-metal. Inertia, in itself, Magnetic Gravitational (MG) field, comes from the Universal fields and the Environmental fields. Where

the Universal fields, plays the game of the control, what we call mass.

(1:26) Then, if you understand this, you transfer this into the body of the Man. In the body of the Man, we don't have a mass, we don't have any elements, except the bone, and even bone, because it's within the Gans structure, behaves as a matter, solid, but in fact, it's in transition, what we call, Gans state. When you build a block from Calcium or ?? Chalk, that's it, it doesn't change. But in the body of the Man, every cell bone changes continuously, so it's not in a solid state, even though it behaves as one. So, it's run by the Universal Mass field energy, what we call the alkaliness of the Universe. It's own Universe, which is the body of the Man. But, every cell still obeys by the Inertia of this planet, and then obeys by the Inertia of the Universe, and then the Unicos. Which we have not understood those parts yet. Unicos energy, Unicos Inertia is different than the Universe Inertia. But then, all the Universes carry that common denominator. We need to understand this, if Man starts becoming Man of the transportation, transmutation, across this Universe and beyond. Any other question? Q: Okay, thank you.

(1:28) I had one other question formulated about Inertia again. I'll just ask it. Is the interaction of two energies that are of different base strength, you mentioned this in the last workshop, is this, are those, is that interaction of energies that are of different base strength always facilitated by an external

environmental energy composite, Inertia? That in its make up contains strengths of energies that are present in the two different energies involved? K- Learn a language, translate. Q: Is Inertia just, is Inertia an energy composite that facilitates the interaction of two energies that are so different, they wouldn't do it on their own? K- Not really, it's mainly singularity. You see, this is how I always said, if I wouldn't become nuclear physicist, I most probably would have become a geologist. If you look at the geology of the planet, we have a wrong assumption, we have a wrong understanding of our World of Creation. And that is... (Mr. Keshe open the whiteboard. >> K- Okay, we have a whiteboard here. If we look at our dimension of work, if we look at the surface of this planet, we have an environment above us, what we call the atmosphere. Inertia, in principle, is created in this environment for the matter state. Inertia for the gaseous is decided in this state. Somewhere between the gaseous and the solid state Inertia, we have the oceans. Or we have the liquid, the world of what we call, liquid, if we... Let me choose another one. If you understand this, then we come to understand the whole structure of... Anything happens above here, which is our Space, which the interaction of different fields in this Space create different plasmas, get attracted or pulled by different conditions and different environments,

(1:32) and different magnetic field we call, Inertia. This is one of the reasons the Earth's surface expands

continuously. When they say the water level is rising and CO2 and the rest of it, makes me laugh. Because, if you understand that the Space distance from the Earth to the Sun, constant rotation of the two fields, interaction of the field, doesn't matter if you are a flat planet believer or a spherical believer, creates a field which the, what we call, the Inertia of the position, absorbs according to what it needs, then we see the expansion or extension on the layers of this planet, as much as the gaseous. Our atmosphere today, was never the same thickness as a million years ago. And it will not be the same in a million years, because we're going closer to the Sun, it gets compressed. So, Inertia is the same, but production of the fields and the compactness of this material, these three layers, dictates what will be absorbed by this planet, what Inertia will dictate and play life. We will come to the point that we come so close to the Sun, and our atmosphere gets so compressed by it, that the condition of the atmosphere goes within the physical layer which was created before. We see no atmosphere, the way we see with the other planets, we've seen it.

(1:34) When they don't have atmosphere, it means they have grown beyond the limitation of their energy, mass, Inertia, strength. And then if you understand this, if you go inside these planetary systems, I'm sure you'll find something very interesting, which is, let's say we have a planet which has no atmosphere, but if you dig enough, reach the point, we'll find atmosphere

here, or just beneath the surface. Because the Inertia capability production in interaction with the environment, dictates, has forced the atmosphere to go in. It's become a mass, it's like a physical Man with a Soul inside it. And I'm sure when Man knowledge extends to travel the span of the Universe, when we go within these environments, we'll find different lives, because it has life. And then the Inertia is still the same, you still find it in Carbon, you still find it in Calcium and the rest of it. But, this condition of atmosphere, environment, has a dictation of what fields in interaction with the central gravity can absorb from the upper atmosphere into any of the three levels. And we see it, this is why I always said,

(1:36) when we keep on talking about the dinosaurs, from what do you call, the past, the reason we could support, or the planet could support, dinosaurs, was because this atmosphere, the pressure on it millions of years ago, was different than today. Today, atmospheric pressure, or the field of the planet, going towards the Sun, has reduced to this level. So, it cannot support tall, big animals, it can support smaller animals. And as we go forward, towards the center of the planet, or star, or to our Sun, this will be this size. So, we'll see elephants, which are this high, not elephants, which are this high (smaller than today). Condition of the environment does. We have an island in Indonesia, where, if I'm correct, it's Indonesia, where men move to this island, and everything's small. Even the elephants they took with them, have

shrunk in size. Because, the atmospheric condition in this island, has forced the condition. Test something, you lot, all travelers, it's very interesting, always bring it for you to see. You travel to China, you travel to Malta, you travel to England, you travel to America. (1:38) One thing, which will give you the indication of the structure of the emotion, and physicality of the Man, just walk into their toilets, walk in their kitchens. Small island, small culture, not very tall people. You'll see, compared to the American toilets, you say, "You go to the baby toilet, when you go to Malta." The size of the toilets, European toilets in Malta, is nearly a third, no, half to two-third of the American size. The emotion, the size of the Man, has dictated. We have the same position. You go in the Chinese kitchen, and try to make food, if you are a European, you bend, you say, "Why do I have always a backache in China?" Because, sorry, the table, because the structure of the community, or emotion, and the, whatever of the condition of the Inertia in that position, creates shorter people. Tables are about 5 to 7 centimeters shorter, so if you are a European, you're always bending to cut. And when you have a Chinese and a European tables, they have a problem cutting, because it's not at the height they are. It's the same in the Universe. Different Inertia brings different mentality, different emotion. But, when the Inertia interacts with the gravity, which creates that mass, that emotion interaction with the fields. It's very interesting, it's just simple observation of the structure

of the Man, gives you what Man will see in the Space.
(1:40) Any other question? ... Q: ... So, my name is Dr. Michael, I'm from Austria. And yeah, I have a question. Hello Mr. Keshe, thank you for all of your work. And my question today is, when I connected with the fields, with the headphones in the transmutation sessions, I had an experience of when I got connected or when I felt connected, my body was exhaling and exhaling and exhaling, and didn't mention to inhale again, until a fear arises. A fear of maybe the death of the physicality,

(1:42) and my mind then forced the inhale, and I felt that I was disconnected from the fields again. And so, my two-party question today is, would it be better if we train the CO₂, that the body can withstand higher CO₂ levels? And the second part is, how can we face the fear of death, to get a step further in transmutation? Thank you very much. K- Thank you very much. The... we find in the time of death, we always breathe out, because we have nothing to take, there's no reason to take any more energy in. Because it's the expansion of the freedom, what we call, release of energies. You're not the only one who feels this, and that has been the pattern for many Knowledge Seekers, who went through this transition. And interesting enough, when we see a lot of you go through this phase, the whole lot of you, suddenly connection to the Soul, panic. And I tell you how this manifests itself, it's a very interesting. At the beginning, we couldn't understand, monitoring, how we get to this.

(1:44) And how do we get these phases, and suddenly, I have to explain to you, I have to show it to you, to understand. Give me a second, I have to choose a few images, that then I can share with you, that you understand. These images comes on the live sessions with you lot, and the beginning we couldn't understand this, and then we start analyzing data. And it's fascinating, how you, exactly what you said, happens to all of you in one go. They're all on the state, we see massive act, and then suddenly, one of you panics, or collectively, you lot panic. Exactly as you said, and the system shuts down. << Mr. Keshe share on the screen graphs of the Flight Session. ... >> K- ...

(1:46) This is you lot, when you start the sessions. None of you has expanded Soul, we keep you on a certain condition, and you all start building up. Some of your groups is ten people, we had a hundred people, even with the three hundred people, we see this... The left side is usually the horizontal side, the right side is the vertical side. Usually, because the yellow is the matter state. The right side is the, what we call, the horizontal side, sorry, and the left side is the vertical one, each session changes. But what is interesting, it is just you lot, you are not connected. There is no Soul, ?? an envelope is created to go. After a while, that's why the first half an hour, we let you mess around, we, whatever it is, we usually don't do anything. You lot start floating. And then, maybe we change some parameters, or without us changing

parameters, a lot of you go through this phase, Soul takes over, and you all panic, somehow you all panic, and what we get is this, you all shut down. You go back to before. Originally we couldn't understand why you do this, but in a simple way, as you explained, you all panic.

(1:48) You go back to physicality. We leave it for a while, or we change a parameter, we get you going back like this. You start traveling, you start doing things, your attachment becomes not important, you become detached. And we see this quite often, in every session. And it seems that when it's a very good time, a lot of you are very busy transmuting, some of you panic. Exactly as you said, "I don't want to, I just..." And then when one panic like a sheep, the rest of you panic. Because that way you're connected through the Soul, field strength. We used to say, "What's happening, why did they... something went wrong?" We used to check the system, "No!" And then you start building up, the lines opens up, the connection builds up, and off you go again, you gain your trust. We see the same if it's a group of 5 or 10 of you, or it's a group of 50 or 100 of you, the same pattern. So we know we can transmute you, we know we can control you. And the session next February, March, April, is to stop you from this. In a way, there is no leadership, there is no direction, so you are on your own and it needs one, one, what you call it, one of you to panic. The whole lot of you shut down. And

this is exactly what you said. You feel it physically, we see it on digital form.

(1:50) And because we don't have you writing, "Oh I panicked, I'm breathing, blah, blah, blah." We don't know which one of you, where you done, unless we do you one by one phase. Which we see that in the Wellness side. In Wellness side, when there's a single person (in) the system, where we monitor, we can say what's happening. And this is the reason for it.

Detachment. And if we can allow you to go back to this state, where we see physicality is very active, the Soul due to its energy is more powerful, when it switches, because it's the green, you see the green changes. Then we see you change. And this is the lack of confidence or attachment. That you start with this, the session, you go through this and then suddenly one of you panics. We get this and then you go back again. The right hand side, and this one, is the vertical. Which means connected to the Soul. You have this, that you connect to the Soul, you go in that direction, in that dimension.

(1:52) And you see it. And you see the yellow, which is the dimension of physicality. And when you look at this, it's very clear. When you look at this point, this side you see the green, and inside you see the green. You all have transmuted, the Soul has taken over. Which means it's expanded beyond the physicality. And you panic, and you force the, what we call, the new condition. And this is part of what you have to understand. How you force these things yourself to

the system. And when you say you see such a condition, we monitor it physically. You have to gain confidence in what I go through when I exhale. I go beyond my body limit, I still have control in my physicality. And then you can transmute. I loved the sessions I used to do with John, bless his Soul. He could explain to us in detail these conditions. He could explain in totality how he felt,

(1:54) how he was breathing, how he was feeling. He was off the ground many times, says, "I have no attachment, I see myself, no connection." Because he had that confidence to move, to, to, he can come back into it (body). When you don't panic, you see the physical movement. And you can carry, doesn't matter, you cannot breathe. It's what I called in the talk, this is the insomnia of Soul. When you have an insomnia of physicality, you can't breathe, you wake up. In the dimension of the energy side, when you don't allow the connection to be made, you get insomnia of, as you said, you choke, you come back. You try to inhale, you come back to the same, because physicality has taught us. That way we can get back. And the 'insomnia of Soul' will, is the way it's needed for you, when you arrive in the

point of place and dimension and direction, where insomnia of the physicality is still in the same bed. Any other question? Q: ...

(1:56) Do you have any news regarding Cosmic Rays delivery status? Thank you. K- Pardon? R: The

Cosmic Rays material (CRm) delivery status. K- Everything we should, we should receive. I actually chose a product for the, the sacs you get it in, about a week ago. It's got into manufacturing and all the materials should be, should start delivering out by the end of the month, because the first batch from Ukraine has arrived, we received the first boxes. The thing goes into a sac and then there is a glass and a resin part, which has arrived over the holidays, which hopefully by the end of... It's not a material, it's actually the packaging which is holding it back and some of you have asked already to use some of your materials in the Headphones, Twin sets you ordered to be used. So, it all, by end of this month, beginning of February, you start seeing it. Everything we have been ordered, it's just choosing it to feel right. The box gives you the feeling of the Carbon 14 Universal structure. The, you receive it in a pouch, the pouch matches the color of the, what you call, the, the box which matches the material inside and it gives you the same emotional feeling when you hold it or it gets in transfer with the body. I never spent so much choosing a product and the packaging and everything, since when we introduced the Pen and the MaGrav system.

(1:58) Because some of the things are so important for it to be, it's a cultural, it's part of the structure of the technology. And you will see it when you receive. I chose everything, I never get involved in these things. But this one, because I know the importance of it and

what it is, even ??, it's the material we have, the machines are continuously producing. Presenting it and delivering it becomes iconic, it's the same as Apple, it's the same as the MaGrav system, it's the same as your Pain Pen. And you understand when you receive it. I just received a message from our, what you call, our webmasters. The sessions for February, March and April has been put up on the Keshe Foundation store. If any of you wants to book in it, when we try to be again limited with this, because it's a very special sessions we try to do, and try to get involved in doing things that you go through the full emotion. Any other question? Q: ... Mr. Keshe when you talk about, I mean I have a question,

(2:00) but I don't know how to put it out there, but I'm just going to say what is going on in my mind. The backbone of the attachment is the emotion, because we say we have to master our emotion. So, you know it was, I mean for a long time, before I have the knowledge that I have now, I always tell it's okay. So, the emotion, some people say, you shouldn't pay due emotion, some people say you should completely free the emotion, let it out. So, all these things is happening at the same time. Now when I look at the emotion, when say for example grief, these are coming from experience. When Dr. Bararpour passed away, God bless his Soul, so it affected me in a very high level. So, the emotion was out of control, because I could see it. As much as in my late thirties, if somebody had talked to me and said, I mean I could

talk openly, I said, "If somebody dies, so die, you know, just relief is not important." And I remember I took my daughter on a highway, teaching a driving lesson, and she started panicking, she said, "Oh, we're going to die." I said, "Okay, so it's two things going to happen, either you're going to die, or you're going to die both of us, it's no problem, just keep going." So, I was so like controlling over it, but then Dr. Bararpour happened, and that coolness of, "Okay, we die, we die, it's fine," it didn't happen the way I wanted it to. Talking about it, talking is one thing, (2:02) and then going to the process of somebody you know is different. Now, Jon died. I didn't have the same emotion I have with Dr. Bararpour, so I was sitting with him, and I said, "Why I went through so much with Dr. Bararpour, but I didn't go that much with John?" Then I figured, because I had a lot of interaction with Dr. Bararpour, I had gone on trips with him, I had sat and had dinners with him, I had so much memory with him, joke with him, laugh with him, had a fantastic time with him. So, that emotion came from all those interactions, and then I went back and I said, "Why then, because of this interaction," then I went back and I said, "Okay, so if this was an interaction, it goes back to the memory of that person with me that causes that." So, if I don't go back to the memory, then because the memory plays like a movie, right on the screen of my mind, I look at it, so the minute I go back to it, I can create the same emotion. So, it's just a memory of something. You go

back to it, you create it. It's the same thing, you can go back even, in terms of love or any other emotion. So, mastering it, it means you, then the emotions can't attach to the attachment, then mastering it means you master your memories. It means you say, This is a memory, it's a tape recorder, it's not the actual reality that's happening, that's your master." And then I was going to connect this to when Jesus said, "In order to go back to the Kingdom of God, in order to come to the Kingdom of God, you have to become like children.

(2:04) So, the difference between the children's emotion and our emotion, because they don't have that memory, that we grow as adults go to it. Am I correct? K- I don't even understand what you're trying to tell us. Q: Because I'm trying to figure out how do you control this emotion, that you have no attachment to anything. You forget about your memories? K- You can forget about your memories in the front, but the system works in the background. Q: So, how do you control the emotion? K- It's different ways for different people, and different emotions needs different control. And, it's like a computer running all the time, you put the computer away for months, you never open it, and you open it and you press it and the file is there, and you can read the file. It doesn't matter, even if the computer wasn't connected to the main. Or it's been in the suitcase somewhere for months. It's the same process. You have a storage background, which is endless, because it's that three-dimensional in

energy, and then you have one which is short term, and is always there. But you have access to both of it. If you decide you don't want to remember because it's too painful, then you call it Alzheimer's. You lock the communication lines. Somebody who has Alzheimer, most of the time we don't see them, not wanting food, or not feeling hungry, or not wanting to do something, (2:06) which we all do. How come they can remember those parts, but they don't want to remember the memories? We have a system in our body, which is in two parts. One is automatic connection with a full memory of what hunger is, what it needs, I have to go to the toilet, and the rest of it. And then we have one which is the information emotion. Our feeding part is connected to emotion of hunger. So, emotion always exists, it doesn't die. Otherwise, we don't eat, we die. But, the emotion which in the dimension of essence of feeling, of what we call, interaction, we have control over that. Very few Alzheimer's are created by what you call, physical condition. We have Alzheimer's due to physical condition created, but most of the Alzheimer's is memory connection, through emotion, through not wanting to be connected to, because it's too painful. Many cases we've done with Alzheimer's, clearly indicates that. Why people with Parkinson, end up with Alzheimer's? Q: So Mr. Keshe, the Alzheimer's is autonomic?

(2:08) It's spontaneously happening by itself? K- Yes, you don't have... This is one of the reasons people get cancers. Q: So, is this emotion Inertia based? K-

Emotion Inertia, energy, yes. Q: Because, what I noticed, the emotion that I feel in New York, is different from the emotion I feel in Iran, the emotion I feel in Mexico. It's three different emotions, so each place has its... K- Yeah, because we carry different memories. You see, you're in love, we all, we know that. And you're extremely in love with Iran. You love the air, you... Every time you go there, you tell us so many things, over past years. When you go to New York, you have different memories and love for New York. And you're in Mexico, under different condition and emotion. And this, we carry as part of our memory. As part of our life, and we ignite it, we keep it alive, we process it. We are in charge of it. And it's just a memory, it's just a click. You bring it on, you don't bring it off. Q: So, Mr. Keshe, is it okay to say, controlling emotion is a good thing, or let it... K- It all depends what you control. What you want to control. It doesn't matter, it's just that what, and when you can't control it, it controls itself. Q: Because, because, I want to understand the difference between pent up emotion, like people say, or if you don't let go your emotion, you're going to get sick. What does it mean? I don't understand.

(2:10) K- Emotion is energy. And energy has a place where it manifests itself. It has an Inertia in respect to a position, time and place. You're in love, you cannot stop. You cannot stop loving, and be it your child, be it your city, be it another person, be it a car. We create certain emotion and effects and response to. And it's

the same with another position. You just need to be in a position till it goes, so I create no emotion for it. I watched one of our dearest friends dying, because of the emotion. The emotion was too stronger than actually the physical life. Q: Thank you Mr. Keshe. K- Thank you very much. Any other question? Q: ... Can you

please explain how consciousness relates to plasma? Thank you. K- Plasma is a conscious entity. There is nothing better defined than plasma. As simple as that. Interacts.

(2:12) R: You said that nothing better defined than a plasma? Is that what you said? K- Yeah. Yeah. R: What do you mean by that? K- Plasma connects without limitation and reacts without limitation. It's a vessel, it's an entity which has no vessel and no dimension. And no limitation on the strength. And that's the best way to define it. ... It's the beauty of the manifestation of the fields which are free and they connect according to their own interaction. And plasma is the best manifestation of it. R: I recently ran across a video that sort of disappeared as I started to watch it. But it was about this idea that plasma has consciousness and that the military is having a hard time training plasma because it basically has a mind of its own and it doesn't want to do the things that the military wants it to do in some circumstances. K- I don't understand. R: Well, it seems to have its own ethics, you could say, along with its consciousness in terms of working with plasma fields.

(2:14) K- Yeah. R: So it doesn't want to play to hurt people and to do damage and so on. It's more... wants to cooperate rather than... K- Than do it on its own. R: Yeah, because it is connected, so... If you knew that you were connected to everything, why would you want to hurt yourself, essentially? K- In a way, yes, in a way, it has a control of its own and it has its dimension of its own. And it works as an own structure. Any other question? Q: ... From my understanding of this lesson of today, is it correct to say that the man can create his look like Oxygen and Nitrogen everywhere in Space, a look like COHN or a twin version of it? And if yes, how can we do that? Replicating specific emotions, will that be enough? K- What?

(2:16) R: Yeah, I think what she's trying to say is, since there's Oxygen and Nitrogen everywhere in space, can we create, can we replicate ourselves through emotions in space to create a twin of ourselves or some sort of COHN look? K- I presume we do that, and many people can do that. But we don't replicate, we don't clone ourselves. We transfer energy across, and then we manifest ourselves in a different way. There's a very recent case, which is in public, and there's a lot of debate going on about it, is that, you can check it on the Internet, it's at the moment in a lot of discussion in the world of science, scientists are discussing this. And it is, the mother has given birth to three children, over time. And they watched the physical body of the children coming out

of the physical body of the mother, so there is no doubt about it. When they tested the DNA of the three children, and the mother, they are not connected. The children born from, in a physical condition, from a physical mother, have no DNA connection to the mother. This has been, it's the first time we see it, there are other references in the world of science about it.

(2:18) But, what the debate is now, is that, if you check the cervix and the, what would have been the placenta, the children and DNA match the mother, but not by blood. And, what the scientists are saying, is that, the child, the mother, when she was inside the womb of her mother, had a twin, and she has consumed the twin. Or somehow, it happens, scientifically we know it's possible, the one has to survive, it's possible. And the children carry the DNA of that twin. In a way, we have no physical reference, but we have a Soul reference. It's a topic now, on the Internet you can find it. But, was the creation dictated by the Soul of the mother? Do we see the three children of the STM? But, connected to DNA, to existence of RNA? Would the children of the Soul, would have no DNA matching the parent? Because, they created their own DNA, as they come from the energy field.

(2:20) And, can we manifest ourselves in the dimension of energy, and according to time and place, as the children of Mitra do, create a condition of life, or what we call, DNA, to confirm existence? And, can we

transfer our energy to another position, and take the RNA and DNA of the place, as we are just another mass? Our physicality becomes the weight and manifestation of the environment. Which, all the Children of Mitra, follow that pattern. Any other questions? Q: ...

(2:22) Hello Mr. Keshe. The teachings over the last couple of weeks have been eye-opening. The other dimension has been eye-opening. K- Can you repeat, I don't understand. Q: Everything that's been going on, has been eye-opening. Meaning, that the different dimensions that we've been moving through. I would, in a way, put it as ... It's hard to explain, but ... More developed, more finer, more ... Yeah, more developed and much finer. So, what's happened over the last couple of months, has been ... An absolute eyeopener. And I, I honestly, have to say to you, that ... Every step that we take, just brings more joy to life. Is that okay to say? R: Yeah, it's okay to say. Do you have a question, Brett? Q: Not really, because... Okay, my problem, isn't everybody else's problem. So, understanding how the Creation lives and dies, isn't everybody's bag. But, over the last two weeks, I've learned that the way that the Creation lives and dies, is through the expansion and the creation, correction, which is de-expansion. And, everybody that's in that Creation, will know about the contraction at their level of evolution, which is most of them. So, where I'm honestly putting my time and effort, is into understanding, what is the living and dying process,

not necessarily based on our own lives, but looking at our own lives, and then bringing it back. So, it's a shit of a process to have to learn, but I feel that I have to learn it. And, in its essence, in understanding what life and death is.

(2:26) But, I come back to all of the experiments that I'm doing, and I see the lifespan of the experiments, and they're quite finite. So, when you look at the finite experiments, and then look out to what time is in its expansion of the Universe, and then think about how it's going to contract, and what then life will look like. I'm sorry. I apologize. But, I need to comprehend this, so much that it consumes all of my thoughts. But, I don't understand why. Why do I consume my daily thoughts with things that don't even seem to be relevant to me? Am I going insane? Honestly, I ask this question. K-

(2:28) I don't know what you're trying to explain. Q: I'm sorry. I'll give up, right now. Thank you. I love you so much. K- Thank you very much. Are there any other questions? Q: ... Hello Mr. Keshe. I'm Sebastian from Slovenia. Something similar happens to me, as mentioned earlier, by the doctor from Austria. Except that sometimes it happens to me when I connect to a certain star dynamic reactor. Except that I am not afraid. I feel the plasma, field of plasma, penetrating me and pushing my blockages away. The feeling is a little burning, but pleasant when it happens in my head. But I also feel a slight draft in my chest. For example, I have a feeling of cataract in my sinuses.

And suddenly it disappears and I breathe crystal clear. And I feel the energy. And I feel that it does not interact with the body, but I feel the connection. I'm wondering if this is dangerous. What do you think of this experience?

(2:30) I hear a voice coming from my left side, but I am righthanded. Is it possible for the Soul to receive this energy and transfer it to the physical body?

Because there are no amino acids in Gans? What's interesting to me is that when I see Mitra, I see her as a bright yellow on the inside, but green on the outside. Because the Earth is also green, and does this green color represent love? R: So it's a bit of a few things there Mr. Keshe, but do you have a comment on it? K- Sorry, my microphone was off. No, there's no problem. Some of the things you see, you've written, is... We've seen with other people, with other Knowledge Seekers in different experiments, or trials. And some feel like energy being absorbed. Some see the food being, coming to them, or energy to live as food, and they feel it. And it's not abnormal to feel that kind of thing. You hear me, because I'm having a very bad cough for the past couple of weeks, and I was seriously ill for about a week, 10 days, over the holidays. And I met a guy, and I know the guy came from another person who was very ill.

(2:32) And he came directly from there to me, and I felt energy going into my body. It's like I felt the illness from the person coming to me. And I felt as an energy, it was very clear. And that day, within hours, I felt sick.

They tested me, there is no viruses, it's a physical infection. You still hear me coughing. There is no COVID, there is no viruses, there is no sign of flu, nothing. It's just the energy transfer from another person. I don't like this person, at all. And it's something like, you know, I take my revenge on you, I feel it that way. And I feel the energy transfer. And we always, we do feel these things. We... it's just how we perceive it, and how we want to be connected to be absorbed by it. A lot of people connect to systems, and a lot of MaGrav system, and dynamic system, people connect to for different reasons. And this is part of the bigger structure, that we can do it physically, we can do it emotionally. And we can feel it, that going through us, or we are connected going through somewhere. And this is normal for us, and the more closer we become to ourselves, the more we become aware of these things. Of the energy transfer, or receiving energy, or becoming detached from energy sources. I was explaining to one of Knowledge Seekers very recently. I picked up this process, (2:34) it's not a habit, of traveling without a body. From age of 8, 9, 10, maybe younger, around 8, 10 years old. I can always see I leave the body behind, and I was busy with things. And, they couldn't find me in the position I was left. I could go to places, my attachment to the physicality was non-attachment to physicality, because I remember so many times, hundreds of times, I could just leave the physicality, or take it with me somewhere, or I wanted to do with it.

But, then you learn as part of the emotion. And when you grow up, this becomes more and more realistic, closer to what you are, the way you see things. And, because you have no attachment, they tell you, you speak about the future, but you actually see what is, as it is. Having no fear of it, I think it's a, it's the best part of it. Rejoicing it, that you, you can be part of that structure, is totally different. This is what I said many times, even during my student time, I can go through the structure of atoms, I can go through the structure of nuclear reactors, and see where it is, just like I'm part of that neutron, neutron going somewhere, in finding out where the thing is, and what it needs to hang it on, and what it needs to, to solve it. When I design systems,

(2:36) it's like I'm inside the system, it's not something I do to see what happens. And you get the information, you get the feeling, you get the energy of it. It's just how much you trust in what you understand, and what you believe in. Any other question? Q: ...

Can you please explain why people become electro-hypersensitive? Is there a way of shifting the point of Inertia, away from the interaction with the electromagnetic radiation, maybe with Gans waters or other? Thank you. K- You can create, change the environment, yes. You can change the environment in a very different way, and it's the choice of the Gans's, there are certain Gans's, which can change this position, yes. It's very much like you wear a PVC clothing, and you become charged with aesthetic, or

when you walk on a carpet, you get charged up. You can change. You can change a lot of things, by collection of Gans's around you, or by holding it to discharge. You have to watch what, which environment gives you the charge, and what's the component of the environment.

(2:38) Or you get charged emotionally, internally. R: Would paint be appropriate? Some sort of Gans material in paint? K- It all depends what the environment is. Does it happen in one room? Does it happen in one building? Does it happen in the hall, wherever you walk? R: How about a spray that you carry with you, that when you feel you're being subjected, you could spray some anti-electric magnetic radiation? K- It's not anti-electric, you have to understand, Gans's carry Magnetic field plasma energy. So, you change it, by adding to it. It's like the Butterflies, which Foundation sells. You can, we line these, all our mobile phones, all our electronics are lined with it. Because we absorb the energy which is not wanted, and we've seen it. They interact, they interfere. The Butterflies, the Foundation sells, are very, very specifically built in a specific way, and it's Nano coated in a specific way. And it's not an ordinary system, which interacts with these fields. You can discharge into it, as we say, but in a way, it discharges back itself out. But you have to understand the reason how it is. I know many Knowledge Seekers put this, what you call, the Butterflies, under their pillows,

under their beds, and they say they're sleeping totally different.

(2:40) The pattern, the sleep pattern has changed. Then the rough nights they used to have, it's not there anymore. Because you disturb the pattern of the fields in the environment. Many Knowledge Seekers used to put them under the chairs, they sit in their offices, and it changes the atmosphere and the environment, because it's been built that way. It's a combination of Gans's and Nano coating, which creates that environment. It's not an ordinary, what you call it, system. So, maybe you need to create such a thing for yourself. Q: ... Does Gans produce negative ions? K- No. Q: Do you have negative ion generators to help clean the air? And... K- No, no, no. R: We've got devices from the Keshe Foundation that are for air, conditioning the air. Would that be useful for that? K- They can change the environment, but don't look at the ion. I don't believe in ion, whatever, unless we used to, we did, positive ion, or negative ion, depends how you look at it. It's a specific... R: You spoke about positive oxygen, or sorry, negative oxygen, at some point, I think it was. Negative oxygen... K- Yeah, we did this with the Chinese military. Now it's extensively used in Chinese military. R: That's not a negative ion thing, that's different, the negative... K- It's a different, it's a different... The material is not in the possession of the Keshe Foundation Knowledge Seekers.

(2:42) It's a different material combination. We worked on this for quite some times with Chinese military, just

prior to Corona, and now has become a Chinese invention, military secret recipe, Keshe Foundation. Chinese have betrayed us a few times like this, Chinese military especially. So, yes, you can, there are certain materials that when you make Gans's of it, in conjunction with the environment, yes they do. They can create condition of Wellness and feeling better, better breathing, because we developed this, tested it. It came to us from the Chinese military with the mining groups of Chinese government military, and I made these Gans's for them, and they originally, they can measure this positive or negative ion, depends which way you measure it, in boxes, like a shoe boxes, and then the bigger boxes, and then they painted a room with it, they tested it, they changed it, they did a building with it, and they tested it. And then they said, the Chinese government cannot use technologies which is from outside, it has to become a Chinese invention. And so they, they changed it, disappeared it, and then they invited us for a dinner with a lot of, a number of Chinese military defense, and other people in the room, giving a dinner in a way. As I say, it's putting in our face. Then the gentleman after dinner got up and said, "Oh you gentlemen are smoking, do you see any smoke, fresh air?"

(2:44) "This is the new technology, it's done by Mr. Keshe and Chinese army stole it." Literally. There were 20 Chinese military officers smoking, but it's clear as day light outside. And, this is the behavior of a nation. And now, because China has a belief that,

thing which is done by outside, it has to be stolen to become a Chinese military product, that they can use it, it's become their habit. They do not collaborate with you, if you are a foreigner, they steal it from you, and then they put a Chinese version on it, and then it becomes a Chinese, what you call it, discovery. Seen that a few times. And this negative positive ion is one of them. Never consider working with the nations who behave this way on that level. Any other question? Q: ... Could you say that Jesus success in transmuting, (2:46) was due to his being born through the interaction of the fields of creation, in the womb of his virgin mother, and not through her fertilization by Joseph? I ask, why none of his apostles achieved transmutation? K- I think it's the, it's the right time of the year to talk about it, but in a way it's a, it's something you got to, we try to, what you call it, I've explained this many times before in teachings over the years. There are two points you have to remember, when you speak about Jesus. One, Jesus is a Man, and one, Jesus is made up by Vatican, by Christianity. And then, if you go to Jesus is a Man, we're talking about the virgin birth and dying, it just goes back to essence of the Creation of the historical time. Then, in the Vatican version, it's adopted to suit, to make him a, what do you call it, a saint, or whatever, a prophet. And so, a lot of thing doesn't match, it's just because it's done. And, Jesus as a Man, as human, through the point of pain, as one of our Knowledge Seekers just said, in the session, he

goes to the point of panic and he comes back, because he sees the expansion. Going through that, you can try, you transmute. And, this was done by others before Jesus.

(2:48) It is not exclusivity of Jesus. And, we all can do it. And, we are now, in a way, getting mass taught, if you understand it and learn it, you all can do what Jesus did, because it was just a transmutation. You can do it at the point of pain, or you can do it by pleasure of control. And, if you trigger a certain point, in, at the point of pain, and understand how you do it, you can manifest and disappear from the same point in the spot. In part of the defense technology, I've produced this. You see me now, you don't see me now. And, we can do the same as, literally, understanding the science of it, how animals change color, chameleons, and how animals extend or replace a part of their body. We couldn't understand, now we understand. How they do it, the science is very clear, and if we can replicate it, we can do it. And, that's how we grow a toe. And, that's how brain of Naomi was created. We didn't implant it, we created an environment, that the brain produced, reproduced itself. It wasn't pharmaceutical, it wasn't plasmatic. We just created a field environment. And so, depends if you do it in dimension of emotion, you can do it, transfer it into physicality and disappear and appear. Or, if you do it in dimension of physicality, you can change color,

(2:50) extend your arms and whatever. As I said many times before, we all have within us, technology or knowledge or information in our DNA, that if our finger gets amputated, to grow. But, in the back of the mind, a lot has been set up to block it to do. Some people can do, now scientifically we can do. You see no infection, you see no irritation, you see no pain and just finger just grows, the toe just grows. You create environment, you deal with a plasma, you don't deal with dimension of physicality. And you can do anything in dimension of energy. You got to realize the power of emotion. We are the power of emotion, we create our own ILS (ALS), we create our own MS, we create our own Cancer. With our own emotion, we create love and we give our life for it. With our own emotion, we give life to a child and protect it with the physical dimension. So, it's how we control that emotion. And to the positive or negative, or positive to our own emotion, to our own understanding of our own life. Any other question? Shall we call it a day?

(2:52) Q: ... My question is, can we say there is a relation between a virus in the body or making existing virus in the body activate and the period when we are under pressure, or confusion, or happiness caused by others behavior? K- What? Q: When we are under pressure, confusion or unhappiness because of others behavior or situation, can we get virus or make existence virus active in our body? K- Yes, you can create viruses anytime. Q: And is it related with this suppression of environments? K- Could it be joy of

environment. Doesn't need to be suppression. It's how we see and how we perceive it. To what end, to what purpose. Viruses are pack of energies. And how they manifest themselves.

(2:54) Q: Can you say by a person that does something or says something very negatively astonishing, we can be prepared to get a bacteria or virus? K- You can get an emotional virus if you want to call it. Because it touches your emotion and then you create certain things. And it's how you see and you understand that energy which you receive in that point or in that, through that emotion. Q: What do you mean by emotion? K- Emotion creates fields and viruses are collection of fields. Sometimes I always said that emotional viruses are worse than the actual viruses in the world. Because you build it internally and it's tailor made to us. Q: Thank you. Beautiful. Thank you very much. I wrote in the chat that the level of the teaching, especially today, last week, are bringing us to the truth of acting good, doing good and talking good. Because there is only what we create that comes back to us. And so there is nothing hidden, nothing out of extraordinary. There is no mystery.

(2:56) It's just for me it was clearing that this true teaching of Zoroaster was true as a way of life. For me it was like that. Thank you very much. K- Thank you very much. Thank you indeed. Shall we call it a day? As I said I ?? that they announced for the booking for the next three sessions, next three months, after next Friday. And we would like to, as

usual, very limited number of people to be in that we can see the result. Understand that the teaching is going in the direction of what we call, preparing man for the next cycle of man opening in the Space and man opening in accepting other lives and decisions in life in the Universe. We are opening the door for Man to become part of the Universal Community. But don't forget, Universal Community is not beyond the spaces of this planet. They are within the space of this planet. We always thought we have to go out to reach to find. We already been found and been reached. And this is part of the totality of the teaching. I've just seen that Rick has put a notice up. You can follow discussions we started on what we call the "X." It's called Mehran T. Keshe. Or it's at x.com/mehrantkeshe. And we started a, as I said,

(2:58) interacting with world leaders in a different way and especially with the American Administration. As we put things public and private and start enlightening worldwide the public teachings. Try to join X too and introduce it to the others because the topics we interfere, we interact with certain number of people. Specifically which we think is to the benefits of human race or advancements of peace. And we start teaching extensively on this channel. Then the Keshe Foundation, what you call it, replacing the Keshe Foundation teaching. As you notice, the articles I put is different than you listen or you see in other chats. As we use it as a part of teaching and enlightenment. And you can join in to see and listen. As I said, one of

the delay of couple of minutes this morning was responding to President Trump in one of his entries. And we try to, we know and we have direct lines with these people. We want it to be known publicly how we stand, where we stand and how it is. Interesting enough is on the profile, what I saw, we'll add up things that you might be surprised why the profile has been changed. And we try to bring the chats we used to have. Most claims that it's going to be a free line. Facebook and YouTube brought a lot of restrictions. If they keep this open the way it is, a lot of knowledge will be shared, a lot of, what you call it, (3:00) advanced technologies will be shared by world leaders in so many ways. If the channel of communication stays open, we are very, very direct about what we talk about and how we put our opinion. And gradually a lot of things in teaching you heard before will come up. It'll be taught on this channel. We try to keep it very active. And we know how the governments respond to these things. Especially we know the Iranian leadership are online every teaching. The Chinese leadership watching very closely what we disperse about knowledge and about the way we see we work. The same has been with the Americans and the same as the Chinese. And we will be with everything else as we see it fit to benefit the process of peace. Thank you very much for this week and we hopefully meet next week and we add to the knowledge. Thank you very much, Rick. 572 KSW - January 09, 2025 End

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List of Abbreviations

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Amino Acid (AA)

Cosmic Rays (CR)

Dimension (D)

Dimension of physicality (D of P)

Enhancement Unit (EU)

Gravitational Magnetic (GM)

Knowledge Seekers (KS)

Physicality (P)

Star Formation (SF)

Soul of the Man (STM)

Soul of Physicality (STP)

Soul of the Creator (STC)

Universe (U)

Technologies (T)

World Leaders (WL)